## **Pool Regulations**

#### **Bouws Pool Regulations**

- 1. Admission to the pool is refused if the patron has any contagious disease, infectious conditions, or under the influence of intoxicants.
- 2. Food, gum, cigarettes, and glass are not allowed inside the pool
- 3. All swimmers must shower prior to entering pool deck (Michigan law)
- 4. Swimmers should have appropriate swimming apparel
- 5. All conduct in locker rooms and pool should be safe
- 6. Patrons must walk around the ramps, not climb through
- 7. Chairs must be placed close to fence/wall of pool
- 8. Outside swim gear is not allowed inside the pool (life jackets, scuba gear, etc)
- All children under the height of 42 inches MUST be accompanied in the water by an adult 16 years or older
- 10. No lifeguard=no swimming (Michigan law)

#### **Diving Pool Regulations**

- 1. Only two bounces on the diving board
- 2. Dive or jump straight forward
- 3. Only one person on the board at a time
- 4. No back dives, reverse dives or inward dives of any kind
- 5. Make sure the area around and beneath the board is clear before entry
- 6. Exit the diving board area immediately after entry at the closest side ladder
- 7. Attempt only dives within your ability
- 8. Patrons may swim on the side opposite of the diving board. They may not pass the lifeguard chair.
- 9. No swimming under the diving boards
- 10. Diving is permitted from the sides of the pool
- 11. You may not wear swimming aids while going off the diving board unless accompanied by an adult

### **Swimming Pool Regulations**

- 1. Stay off the ropes, railings, gutters and guard chairs
- 2. Jump in feet first only (this is Michigan law)
- 3. Do not wrestle, dunk others or chicken fight
- 4. If a weak or nonswimmer, stay in the shallow area

# The City of Holland or the Recreation Department is NOT responsible for the loss of clothing, valuables, money or any articles lost during swimming periods.

#### **Rule Enforcement**

Any facility user who does not follow the rules of the facility, thereby causing a possible hazardous situations will:

- 1. Be informed of the rule and given a brief explanation of its purpose
- 2. Given a minor disciplinary action (sit out for 5 minutes)
- 3. Escorted from the facility for the remainder of the day and parents notified
- 4. Talk with the pool supervisor prior to reentry the following visit to debrief on hazardous behavior.