Stoney Glen Community Association

2024

Oak Hollow Sports Club Pool Handbook



STONEY GLEN COMMUNITY ASSOCIATION / OAK HOLLOW SPORTS CLUB

How to Obtain your Pool Pass

ALL ASSOCIATION DUES MUST BE CURRENT IN ORDER TO RECEIVE PASSES

- Follow the link and complete the online pool pass application
- https://swimmingpoolpasses.net/stoney-glen/
- RETAIN YOUR PASS EACH YEAR AS A REPLACEMENT COST IS \$10.00 PER PASS.

PLEASE NOTE:

- Passes cannot be obtained at the pool
- Lifeguards will not accept any payments

Pool Passes & Member Sign In

- **Pool passes** must be presented upon entering the pool area. Admittance WILL NOT be granted without a pool pass!
- Children under 12 years old <u>must</u> be accompanied by a parent or responsible adult (over 18 years old), *at all times*.
- Children 12-17 years old may attend the pool without a parent, provided they have passed the swim test, and completed a Permission Form which must be provided to the lifeguard. (Permission Form enclosed).
- Children 12-17 years old accompanied by an adult other than a parent must have written permission from a parent delegating responsibility to a specific individual dated for that specific day and provide it to the lifeguard.
- Member Sign-In Policy: All members must sign in by having their pool pass scanned. If guests are allowed, it is the homeowner's responsibility as a member to sign in all guests upon arrival. As you sign in, a lifeguard will

scan your barcode and verify the eligibility of everyone present. The roster will list each homeowner and the children with their ages who live there. Homeowners are welcome to bring guests to the pool each summer. Children who are between the ages of 12-17 (who have taken the swim test) are welcome to attend the pool unattended, but they may not bring guests unless they are supervised by an adult.

- Guest passes: Each household is entitled to 10 guest passes each swim season and will receive an additional 10 guest passes when volunteering for pool clean up day (May 4, 2024 and May 5, 2024). When the guest passes have been depleted, additional daily use passes can be purchased through the Marketplace at https://swimmingpoolpasses.net/stoney-glen/ for \$5.00 each.
- **Pool Party:** All parties must be registered through the lifeguards. Parties do not cost money, however, any non-pool member will need a Party Guest Pass. These can be purchased through the Marketplace at https://swimmingpoolpasses.net/stoney-glen/ for \$3.00 each.
- Nanny Passes: Available at a cost of \$60.00 per season and are available by completing the form enclosed. Only "1" Nanny Pass per household will be allowed. https://swimmingpoolpasses.net/stoney-glen/
- **Replacement passes:** Requesting replacement passes is the same procedure as requesting your original set of passes. Please click on the blue "Apply Online" button at https://swimmingpoolpasses.net/stoney-glen/ and follow the instructions. There is a \$10.00 charge for each replacement pass. Please allow 10 business days for processing.

STONEY GLEN COMMUNITY ASSOCIATION OAK HOLLOW SPORTS CLUB 2024

HOURS OF POOL OPERATION & MANAGEMENT

• Pool opening day: Saturday, May 25, 2024

• Pool closing day: Monday, September 2, 2024

• Regular Pool Hours:

Monday- Thursday- 12:00 P.M. to 8:00 P.M. Friday- 12:00 P.M. to 9:00 P.M. Saturday- 12:00 P.M. to 9:00 P.M. Sunday- 12:00 P.M. to 8:00 P.M.

• Hours while CCPS schools are in session:

3:00 P.M. TO 8:00 P.M. (LIMITED STAFF)

- Holiday Pool Hours: 12:00 A.M. TO 5:00 P.M.
 Labor Day and July 4th
- Swim meet days: 12:00 A.M. to 4:00 P.M.

STONEY GLEN COMMUNITY ASSOCIATION | OAK HOLLOW SPORTS CLUB

2024

POOL SAFETY

Swim Tests

The lifeguard may ask any patron to perform a swim test if the guard is questionable about the patron's swimming ability. Swim tests should also be performed before using the deep end or diving board for the first time.

The lifeguards will use the standard swim test below:

- Swim one width of the pool
- Tread water for 1 minute without touching the bottom (tested in the 5' area by the wall for safety reasons)

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Children 12 through 17 years old <u>MUST</u> perform and pass a swim test before they will be allowed to attend the pool without a parent or guardian. In addition, emergency information and a Permission Form must be on file at the pool gate with parent's/guardian's signature. (Permission Form enclosed)

A swim test must be on file for any patron under the age of 18 to utilize the diving boards.

Life Jackets

It is strongly recommended that all children who wear floatation devices wear only Coast Guard approved life jackets. Other floatation devices are not recommended and can cause children to be stranded upside down in the water.

• When buying a life jacket check for:

- Coast Guard approved label.
- o A snug fit. Check weight and size on the label and try the PFD on your child. Pick up your child by the shoulders of the PFD; the child's chin and ears won't slip through a proper fit.
- o Head support for younger children. A well designed PFD will support the child's head when the child is in the water.
- o A strap between the legs for younger children. This is a good feature because it helps prevent the vest from coming off.
- Comfort and appearance. This is especially important for teens, who are less likely to wear a PFD.

• How do you use a life jacket?

- o Every spring, check the life jacket for fit as well as wear and tear. Throw it away if you find mildew, rot or rust.
- o If a child panics in the water and thrashes about, he may turn onto his face, even though a PFD with a collar is designed to keep him on his back with face out of the water. Have your child practice wearing a life vest in the water this will help prevent panic and rolling over.
- o Never alter a PFD, it could lose its effectiveness.
- o Never use toys like plastic rings or water wings in place of a PFD.

Liability inside the Facility Fence

The lifeguard staff is responsible for enforcing pool rules and safety standards and responding to all emergency situations inside of the facility. All areas outside including playgrounds, parking lots and picnic shelters, are not the primary responsibility of the pool management vendor (SwimMetro Management, Inc.). The staff is trained as first responders and will respond to emergency situations inside of the facility when needed. Responding to these situations will require the pool to be cleared of swimmers until appropriate coverage can be provided.

Incident Discipline Reports

Lifeguards have the authority to discipline patrons to ensure all safety standards and pool rules are enforced. Lifeguards may suspend a patron from the pool for the remainder of the day on which the incident occurred. The procedure for discipline is as follows:

- 1st offense Give verbal warning
- 2nd offense Sit offender out for 30 minutes
- 3rd offense Expel offender from pool for remainder of day

The lifeguard staff will complete an "Incident Discipline Report" with the 3rd offense. After review of the Report, future pool privileges of the patron will be determined.

Inclement Weather

Throughout the summer months, we expect to experience inclement weather and may need to close the pool. The pool staff will close the pool at its discretion. Refund of Guest Passes is not available for rain days.

If weather is unsuitable for swimming, including heavy rains that prevent the visibility of the pool bottom, the pool staff reserves the right to close the pool and clear the deck for the remainder of the day, within 60 minutes of stated pool closing.

Storm Policy

LIGHTNING AND THUNDER

The pool staff shall, at the first sound of thunder or sign of lightning, clear patrons from the swimming pool & deck. Swimming pools are connected to underground piping, wiring, cables, deck grating, overhead metal building structures, fencing, & lighting, which attract lightning. Therefore, all patrons must exit the fenced pool area.

Patrons must stay out of the water and off deck for (30) minutes after the last thunderclap or bolt of lightning. Lifeguards are to **ENFORCE** this policy consistently & without **EXCEPTION**. SAFETY FIRST!

HEAVY RAIN

If there is heavy rain, but no thunder/lightning patrons can swim until the lifeguard can not see the bottom of the pool due to rain or the lifeguard clears the pool for thunder or lightning.

LIFEGUARD STAFF PROCEDURES

Before storm:

If a storm is approaching: the pool staff will lay the lounge chair backs flat and place umbrellas in the pump room or bathrooms. They will put anything that could blow into the pool into the pump room or bathroom. (Example: plastic trash cans)

During storm:

All pool staff is required to stay at the facility until otherwise instructed by a supervisor. Staff is encouraged to seek shelter in the bathrooms, guard room, or clubhouse if the storm is severe.

After storm:

The morning after a severe storm, the staff may come in early if the pool needs extra cleaning from debris due to the storm.

Vomit and Fecal Incidents

The pool staff follows a specific procedure for vomit and fecal incidents in the swimming pool.

In cases of solid fecal discharge or vomit:

- The pool will clear of all swimmers
- The fecal material will be removed using a net or scoop
- The affected area of the pool will "shocked" with either liquid or granular chlorine
- The swimming pool will remain closed for 30 minutes, in order for the chlorine to circulate throughout the pool and complete the disinfection process

In cases of loose-stool (diarrhea):

- The pool will clear of all swimmers
- The fecal material will be removed as much as possible using a net or scoop
- The entire pool will "shocked" with either liquid or granular chlorine
- The swimming pool will remain closed for at least one complete turnover (period of time required to circulate a volume of water equal to pool capacity), in order for the chlorine to circulate throughout the pool and complete the disinfection process

Chemical Readings

The pool water chemistry is checked each hour. These readings are posted on a "Chemical Reading Board" at the front gate or on the sign-in table as well as recorded in the blue book.

Baby/Wading Pool Responsibilities and Liabilities

- The wading pool shall only be used by children five (5) years of age and younger. Older children will be asked to leave the area. Lifeguards will enforce this through the season.
- All children must be accompanied by an adult at all times. The supervising adult must remain inside of the fenced wading pool area at time of supervision.
- The supervision and safeguarding of the wading pool shall be the responsibility of the parent and/or guardian.
- Lifeguards will respond to accidents and injuries that occur in this area, once brought to their attention.
- Baby/Wading pool areas are not scanned by lifeguard personnel at any time.

Lifeguard Training

All lifeguards are trained in American Red Cross Lifeguard Training, First Aid, and CPR for the Professional Rescuer or equivalent. The pool vendor has on-going training throughout the season to increase the lifeguards' awareness and skills.

Water Safety Resources

- Virginia Water Safety Coalition: Http://www.watersafety.org
- American Red Cross: http://www.redcross.org
- National SafeKids Campaign: http://www.safekids.org
- Lifesaving Resources: http://www.lifesaving.com
- Center for Disease Control: http://www.healthyswimming.org

Stoney Glen Community Associate & Oak Hollow Sports Club Pool Safety Rules and Regulations Updated April 14, 2024

The Stoney Glen Community Association & Oak Hollow Sports Club Safety Rules and Regulations are intended to benefit all the Stoney Glen Homeowners:

SAFETY RULES AND REGULATIONS

GENERAL FACILITY RULES

- The Stoney Glen Recreation facilities are for use by owners of record, their minor children, and other residents **LIVING** in their household (members). Guests must be accompanied by a member at all times.
- EVERYONE using the pool must have a Pool Pass and must sign in with the gate guard. No entry is allowed without a pool pass.
- All households must be up to date on their annual dues. Households in arrears will be denied entry into the pool. Once fees are up to date, the system will take up to 48 business hours to update.
- Abusive or profane language or breach of peace will not be tolerated anywhere on Association property.
- The Association is not responsible for the personal property of members, dependents, or guests that is left, lost, damaged, or stolen on Association property.
- Association property that is willfully damaged by any member or guest will be repaired or replaced at the expense of the member or guest.
- Proper attire **MUST** be worn on the property at all times.
- Pets are not permitted inside the fenced pool area, except for service animals.
- Notice of all special events requiring the pool to close at a time other than regular hours will be posted at least 48 hours in advance.
- Facility rules are for the benefit of all members and guests; it is the responsibility of each member to abide by all rules. It is the responsibility of members to ensure their guest(s) abide by all rules.
- All activities are at the discretion of the lifeguard.

Diving Board Rules

- Swimmers under the age of 18 must have a passed swim test on file to jump from diving boards.
- One jumper on board at a time.
- Next jumper must wait until previous jumper is touching the side of the pool or clear of the deep end.
- No back flips
- No "cannon balls" or purposeful splashing jumps

POOL SAFETY RULES

- NO RUNNING
- NO HORSEPLAY
- NO GLASS CONTAINERS
- NO ANIMALS
- NO RIDING ON SHOULDERS
- NO PLAYING ON LADDERS
- NO UNAUTHORIZED PERSON ON THE GUARD CHAIR
- NO PLAYING OR HANGING ON POOL ROPES
- NO UNAUTHORIZED PERSON ALLOWED IN THE FILTER ROOM
- NO UNAUTHORIZED PERSON ALLOWED AT THE GATE ATTENDANT'S DESK
- NO DIVING IS ALLOWED, EXCEPT FROM DIVING BOARDS
- CHILDREN IN BABY POOL MUST BE SUPERVISED BY AN ADULT AT ALL TIMES
- NO ONE IS ALLOWED IN POOL AREA WITHOUT A PASS
- ALL ACCIDENTS MUST BE REPORTED TO THE LIFEGUARD
- CLEAR POOL AND DECK OF ALL SWIMMERS IN THE EVENT OF THUNDER OR LIGHTNING
- MASKS THAT COVER THE NOSE AND EYES ARE NOT ALLOWED
- CHILDREN WEARING "FLOATIES", "WATER WINGS", ETC. MUST HAVE AN ADULT WITH THEM IN THE WATER